



# COACH RECOMMENDATION

*APPLICANT: Please complete the following and give this form and a return envelope to your coach. Thank you.*

Applicant's name \_\_\_\_\_ Applying for grade \_\_\_\_\_

Applicant's competition program \_\_\_\_\_

**TO THE COACH:** *The above mentioned athlete is applying to Killington Mountain School. We are looking for strong individuals who display a passion for their sport. Please take a moment to complete both sides of this form. The information contained on this form is strictly confidential.*

**BACKGROUND INFORMATION:**

How long have you known this athlete and in what context? \_\_\_\_\_

What are the first words that come to your mind to describe this athlete? \_\_\_\_\_

Please comment on the athlete's ability to comprehend and apply methods and concepts. \_\_\_\_\_

How does this athlete respond to pressure from a competition situation? \_\_\_\_\_

Please describe what this athlete adds to your program \_\_\_\_\_

Please describe any areas of particular strength or weakness for the athlete. \_\_\_\_\_

**RATINGS** *Compared to other students in his or her class, how would you rate this student in terms of:*

	<i>Outstanding</i>	<i>Excellent</i>	<i>Above Average</i>	<i>Average</i>	<i>Below Average</i>	<i>None</i>
Cardio						
Strength						
Coordination						
Balance						
Agility						
Quickness						
Flexibility						
Power						

**RATINGS** Compared to other athletes you have worked with, how would you rate this athlete in terms of:

	<i>Truly Outstanding</i>	<i>Excellent</i>	<i>Above Average</i>	<i>Average</i>	<i>Below Average</i>	<i>Severely Lacking</i>	<i>N/A</i>
Motivation							
Maturity							
Integrity							
Independence							
Self-Confidence							
Coachability							
Leadership Potential							
Enthusiasm							
Work Ethic							
Reaction to Setbacks							
Concern for Others							

We welcome any further thoughts. *(Please use additional paper if needed).*

Established in 1974, Killington Mountain School is a private school specifically designed to provide a quality educational experience for a select group of motivated athletes with a strong interest in competitive alpine racing, freestyle and snowboarding. Killington Mountain School is a State of Vermont approved private secondary school for grades 7–12. Athletes attend their home school programs in September and October, enroll at Killington Mountain School for November through March, and then return to their home schools to complete their academic year. Killington Mountain School coaches and athletes work together on a year round basis.

<b>I recommend this applicant to Killington Mountain School</b>										
<i>With enthusiasm</i>										<i>not at all</i>
10	9	8	7	6	5	4	3	2	1	

\_\_\_\_\_  
*Signature* *Date*

\_\_\_\_\_  
*Name (please print)* *Title*

\_\_\_\_\_  
*Mailing Address*

\_\_\_\_\_  
*Town or City* *State* *Zip Code*

\_\_\_\_\_  
*Telephone* *Email*

*Thank you for your time and effort. Your candid evaluation will help us gain a more thorough understanding of the applicant as a person and as a athlete. If we can be of any assistance, please feel free to call the Admission Office.*